# Chapter C14: Conservation of Angular Momentum Physics I 

College of the Atlantic

## Chapter 13

Angular momentum definition for a particle relative to point $X$ :

$$
\begin{equation*}
\vec{L} \equiv m(\vec{r} \times \vec{v})=m r_{\perp} v=m r v_{\perp} . \tag{1}
\end{equation*}
$$

where $\vec{v}$ is the object's velocity and $\vec{r}$ is a vector from point $O$ to the object.
Angular momentum for particle moving in a circle:

$$
\begin{equation*}
\vec{L}=m r^{2} \vec{\omega} \tag{2}
\end{equation*}
$$

Angular momentum of a rigid object:

$$
\begin{equation*}
\vec{L}=I \vec{\omega} \tag{3}
\end{equation*}
$$

## C14.3 Conservation of Angular Momentum

Interactions transfer angular momentum. Thus, in the absence of external interactions (twirls), angular momentum is conserved.

## C14.4 Some worked examples

For what we'll be doing in this class, we won't need to treat $\vec{L}$ or $\vec{\omega}$ fully as vectors. It will suffice to just use plus and minus signs to indicate the direction (clockwise or counter-clockwise) of rotation.

## C14.5 Application: Neutron Stars

When stars collapse, they spin faster.

## Examples:

1. A person is sitting on a stool that can rotate. Her moment of inertia is $2.5 \mathrm{kgm}^{2}$. She holds a 5 kg weight in each hand. Her arms are 0.8 m long. When her arms are fully extended, someone pushes her so that she's rotating at $0.25 \mathrm{rev} / \mathrm{s}$. She pulls her arms in so that the weights are now 0.4 meters from her axis of rotation. How fast is she spinning now?
2. A 30 kg child is running at $2 \mathrm{~m} / \mathrm{s}$ and jumps on a merry-go-round as shown below. The merry-go-round has a radius of 1.5 m and a mass of 50 kg . How fast is the merry-go-round spinning after the child jumps on it?


Figure 1:

