## Chapter C6: Intro to Energy Practice

## Physics I

## College of the Atlantic

- 1. You drop a 5 kg box of tempeh down a well that is 50 meters deep. What is the speed of the box right before it reaches the bottom of the well? Do this problem two ways:
  - (a) Use the ground as the reference point.
  - (b) Use a point ten meters above ground as the reference point.
- 2. (a) A 0.25 kg TAB mug is dropped the top of a 10 meter platform. What is its speed right before it hits the ground?
  - (b) What is the mug's speed if it is dropped from a 20 platform?
  - (c) What is the speed just before impact of a 0.5kg plate dropped from the 10 meter platform?
- 3. A TAB mug is thrown from a 10 meter rooftop.
  - (a) When the mug hits the ground its speed is 20 m/s. At what speed was it thrown?
  - (b) Suppose the mug hits the ground at a speed of 10 m/s? In that case, at what speed was it thrown?
- 4. You throw a TAB mug straight up at 20 miles per hour. How high in the air will it go?
- 5. How fast would you have to throw an object so that it reached the height of Cadillac mountain?
- 6. From what height should you drop something if you want it to hit the ground at 10 m/s? From what height should you drop something if you want it to hit the ground at 20 m/s?